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# NEWS

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## **ARIZONA BRIDGE TO INDEPENDENT LIVING ANNOUNCES REGINA MITZEL AS ASSISTANT EXECUTIVE DIRECTOR**

Arizona Bridge to Independent Living (ABIL), Arizona's largest center for independent living serving people with disabilities, is pleased to announce that Regina Mitzel has joined the organization as its assistant executive director.

Prior to her position at ABIL, Mitzel worked as the director of program services for Communities In Schools of Arizona (CIS Arizona), where she provided overall supervision and coordination of CISA partner schools related programs and services. Mitzel's other previous positions include serving as assistant director at Interfaith Cooperative Ministries in Phoenix and as director of a Boys & Girls Club in St. Paul, Minn. Her work with non-profit organizations spans more than 15 years.

Mitzel received her Bachelor of Science in Secondary Education from Northern State University in Aberdeen, S.D.

A native of South Dakota, Mitzel resides in Ahwatukee.

Arizona Bridge to Independent Living offers and promotes programs designed to empower people with disabilities to take personal responsibility so that they may achieve or continue independent lifestyles within the community. The independent living philosophy states that people with disabilities should have the same civil rights, options,

and control over choices in their own lives as do people without disabilities. ABIL is located at 5025 E. Washington St. Ste. 200, Phoenix, AZ 85034, [www.abil.org](http://www.abil.org), 602-256-2245.