



HMA PUBLIC RELATIONS

3610 N. 44th Street, Suite 110
Phoenix, AZ 85018-6060
(602) 957-8881
(602) 957-0131 FAX

NEWS

CONTACT: ABBIE S. FINK
(602) 957-8881

FOR IMMEDIATE RELEASE
JANUARY 19, 2009

ARIZONA BRIDGE TO INDEPENDENT LIVING ACCEPTING NOMINATIONS FOR ITS ANNUAL *SPIRIT OF ABIL* AWARD

Arizona Bridge to Independent Living (ABIL), Arizona's largest center for independent living serving people with disabilities, is accepting nominations for its annual Spirit of ABIL Award. The Spirit of ABIL Award is given to an individual who personifies the independent living philosophy of consumer control, self-advocacy, and peer support. Nominees will be judged on their accomplishments and goals in developing independent living skills and making the adjustment to life with a disability. Nominees will also be judged on their involvement and accomplishments in systems or self-advocacy that positively impacts community integration for people with disabilities in metropolitan Phoenix and Central Arizona. Involvement in volunteer peer-mentorship activities, contributions to the disability community, and professional accomplishments as they pertain to positive adjustment to disability will also be evaluated.

Nominations forms are available at www.abil.org. Nominations must be received no later than February 20, 2009. The Spirit of ABIL Award will be presented at a luncheon on Saturday, March 28, 2009.

Arizona Bridge to Independent Living offers and promotes programs designed to empower people with disabilities to take personal responsibility so that they may achieve or continue independent lifestyles within the community. The independent living philosophy states that people with disabilities should have the same civil rights, options, and control over choices in their own lives as do people without disabilities.